

ABOUT AUTISM

Autism affects all forms of social communication, regardless of verbal ability. Increased anxiety will impact on the ability to communicate effectively. This might mean that your method of communication may need to change and the individual may require more time to process information.

Eye contact can be painful and confusing for individuals with autism, don't assume that they are ignoring you if they are not looking at you.

Unfamiliar environments and unfamiliar people can significantly impact on the level of anxiety that the individual experiences.

The environment is a very important factor and this can increase anxiety. For example lights, noises, other people, smells, will impact on the individual as people with autism find it difficult to filter out background information.

People with autism can find the following difficult: planning, organising, multitasking, sequencing, retaining information, communicating details in an ordered and sequential manner and initiating tasks.

For more information and advice about autism please contact North East Autism Society on:

T: 0191 410 9974 | **E:** info@ne-as.org.uk | **W:** www.ne-as.org.uk

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AIRPORT

AUTISM PASSPORT



ABOUT ME

Name: _____

Address: _____

Post Code: _____

Email: _____

Telephone: _____

Mobile: _____

Date of Birth: _____

My condition is: _____

I prefer to communicate by: _____

Factors in the airport that may increase my anxiety:

(please tick the boxes that apply to you)

- | | |
|--|-----------------------------------|
| <input type="checkbox"/> travelling to the airport | <input type="checkbox"/> boarding |
| <input type="checkbox"/> unfamiliar environment | <input type="checkbox"/> noise |
| <input type="checkbox"/> inconsistent staff | <input type="checkbox"/> smells |
| <input type="checkbox"/> security checks | <input type="checkbox"/> crowds |
| <input type="checkbox"/> others _____ | |

Situations I find difficult: _____

Things that would help me (reasonable adjustments):

DISCLAIMER - *This passport is the property of the individual named in this document and can only be shared with their permission.*